Name: Email:

Reflection of Standard Practice Seminar

Discussion Questions:

1. What is the reflective practice for massage therapist?
2. What is evidence informed practice for massage therapist?
3. How you identify the capacity to consent?
4. How to get consent of assessment and treatment from an incapable client?
5. What are the potential stresses from the daily massage therapy practice?
6. Please explain the benefits of meditation.
7. How to Tackling work related stress?
8. Please list the self-cares for massage therapist.
9. Please list the evidence informed benefits from massage therapy.
10. Please list the self-cares for clients in massage therapy practice.